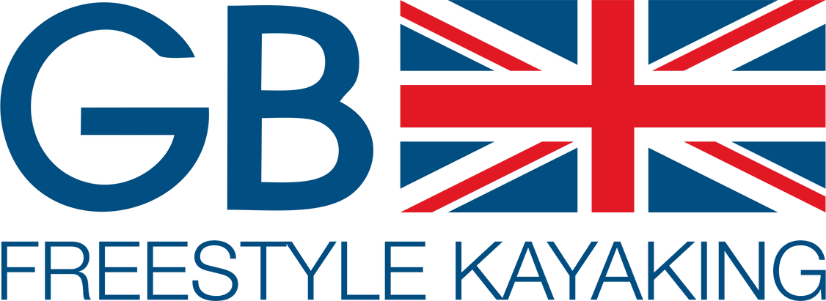
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| **Risk Assessment:** | **Date:** | **Carried out by:** |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Hazard** | **Who might be harmed and how?** | **Before Controls (initial risk)** | | | **Control Measures (Existing)** | **Control Measures (Proposed)** | **After Controls (Revised risk)** | | **Overall risk** |
| **Pi** | **Si** | **3+** | **P** | **S** | **PXS** |
| Drowning | Coach  Athlete  Volunteer/Parent | 1 | 4 | Y | * Coaches to hold appropriate BC Coaching/Safety/Safeguarding Award * Athletes/volunteers to made aware of the hazards * Appropriate Athlete to Coach Ratios * BC Performance/Coach is responsible for ensuring all athletes can swim * Slalom-athletes to wear recommended buoyancy aid and helmet at all times unless paddling on flat water * Sprint-Athletes may paddle without a buoyancy aid but in extreme circumstances, strong winds, flooded rivers, BC Performance may recommend athletes to wear buoyancy aids * Coach to ensure all courses are free of hazards before the start of each session-do not assume * Coach to be satisfied that all athletes can eject from their craft effectively and safely * When hired/borrowed equipment is being used the athlete/coach is to check its suitability before use | * Where coaches do not yet hold the appropriate BC Award, a Standard Operating Procedure framework may be put into place to allow them to coach but providing clear protocols, this must be countersigned by the Programme Manager/Head Coach before being initiated. * Ensure paddlers/volunteers are aware of their responsibilities * Include on the signed athlete agreement that he/she can swim * Create a policy statement as to when Sprint Athletes are to wear buoyancy aids * Create a robust procedure for ensuring any volunteers/parents assisting in the session understand the hazards/dangers involved | 1 | 4 | 4 |
| Hypothermia | Coach  Athlete  Volunteer | 1 | 4 | Y | * Coaches to hold an appropriate ‘in date’ First Aid Qualification * Appropriate clothing is to be worn at all times * Remind coaches of signs and symptoms * Close monitoring of individuals throughout the sessions * Remove athletes from the session * A warm building with facilities to make hot food and drink is provided for athlete and coach recovery from cold conditions | * Create a policy where HR are responsible for ensuring all our Coaches are ‘in date’ First Aid | 1 | 4 | 4 |
| Head Injury | Coach  Athlete  Volunteer | 1 | 4 | Y | * Coaches to hold an appropriate ‘in date’ First Aid Qualification * Easy access to recognised First Aid Room or Personal First Aid Equipment * Easy access to telephone * Remove to Hospital/Medical Centre for further observation | * Create a robust head injury procedure for each of the High Performance Centres | 1 | 4 | 4 |
| Entrapments | Athlete | 1 | 4 | Y | * Rescue equipment accessible at every session * Develop awareness of all parties-prevention is better than cure * LV-Coaches knowledge of the emergency stop buttons * Slalom-All coaches to be WWS & R Qualified * Coaches must be satisfied that all athletes have knowledge of and can safely perform the capsize drill | * Develop a procedure for entrapments to cover coaches who are not qualified | 1 | 4 | 4 |
| Sun Burn/Heat Exhaustion | Coach  Athlete  Volunteer | 2 | 3 | Y | * All to have access to water throughout the session * Recommended to wear a high factor waterproof sun cream * Coach to remind individuals of the risks on an ongoing basis * Close monitoring of individuals for signs and symptoms during the session. |  | 1 | 3 | 3 |
| Entanglements  Trapped Fingers | Coach  Athlete  Volunteer | 2 | 3 | Y | * Straps to be tucked away * Coaches to vigilant at all times both of paddlers and other users * Where paddlers are wearing shoes, laces are to be tied securely and tucked away * Athletes to be warned of trapped finger hazards-Conveyor Belt, Blocks, rocks etc. |  | 1 | 3 | 3 |
| Slips, Trips and Falls | Coach  Athlete  Volunteer | 2 | 2 | Y | * Tidy, unhindered working area, paths well maintained * Easy access to recognised First Aid Room or Personal First Aid Equipment * Suitable footwear to be worn when moving around the activity site * All gate wires/lane wires to be appropriately hidden away |  | 1 | 2 | 2 |
| Manual Handling of Equipment | Coach  Athlete  Volunteer | 2 | 2 | Y | * Correct lifting, emptying techniques to be used at all times |  | 1 | 2 | 2 |
| Leptospirosis  (Weils Disease) | Coach  Athlete  Volunteer | 1 | 3 |  | * Athletes to avoid swallowing water * Cuts, grazes, broken skin to be covered * Wash kit down thoroughly after use * Athletes recommended to shower after every session * Coaches, Volunteers to wash hands as a minimum before eating * If anyone develops Flu like symptoms after exposure to the water, a visit to the Doctors is advisable |  | 1 | 3 | 3 |
| Blue Green Algae  (Cyanobacteria) | Coach  Athlete  Volunteer | 1 | 3 | Y | * No Canoe sport activity is to take place if the water has a scum or bloom on the surface * Information made available on Blue Green Algae * If anyone develops Flu like symptoms, gastroenteritis after exposure to the water, a visit to the Doctors is advisable | * Ensure Serco have a policy to inform us if they see any potential blooms etc | 1 | 3 | 3 |
| Cold Water immersion | Coach  Athlete  Volunteer | 1 | 2 | N | * Athletes to be dressed appropriately for the conditions * Volunteers to be dressed appropriately if there is any chance of having to enter the water |  | 1 | 2 | 2 |
| Collisions | Athlete | 1 | 2 | N | * Water etiquette to be followed at all times-give way to upstream and always check before you start * Paddles have the correct skill set to avoid other paddlers * Easy access to recognised First Aid Room or Personal First Aid Equipment |  | 1 | 2 | 2 |
| Personal Medication | Athlete | 2 | 4 | Y | * Easy access to recognised First Aid Room or Personal First Aid Equipment * Coaches check that athletes have made the correct provision and that the athlete has easy access if required |  | 1 | 4 | 4 |
| Electrical Storm, Strong Wind | Coach  Athlete  Volunteer | 2 | 4 | Y | * Coaches are to check local weather before sessions and cancel accordingly if there is any risk | * Create a policy detailing responsibility of coaches to check weather. | 1 | 4 | 4 |
| Canoe/Kayak failure | Athlete | 1 | 4 | Y | * Athletes to check all personal equipment for safety prior to going on the water. * Any item showing damage is not to allowed on the water until it is satisfactorily repaired. |  | 1 | 4 | 4 |

**Probability of Injury/Loss/Harm (P)**

|  |  |
| --- | --- |
| 1 | Very Unlikely |
| 2 | Possible |
| 3 | Probable |
| 4 | Very Likely |

**Severity of Injury/Loss/Harm (S)**

|  |  |  |  |
| --- | --- | --- | --- |
| 1 | Minor | Mild bruising, minor cuts, mild chemical irritation to eyes or skin. No absence from work or absence of less than 3 days. | Minor property damage |
| 2 | Serious | Loss of consciousness, burns, breaks or injury resulting in absence from work for more than 3 days. Other non-permanent chemical effects. | Serious property damage confined to the workroom or area |
| 3 | Major | Permanent disability or other reportable injury or disease. | Major property damage affecting the building |
| 4 | Fatal | Death | Property damage affecting the loss of one or more buildings |

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| **Score** | **Overall Risk** | **Acceptability** |
| 1 - 5 | Low risk | Reasonably acceptable risk. Modify wherever possible. Implement control measures. Monitor. |
| 6 - 12 | Medium risk | Tolerable risk. Review and modify wherever possible. Enforce control measures. Review regularly. Monitor. |
| 13 - 16 | Very High risk | Unacceptable risk. Stop work and modify urgently. Enforce control measures. |